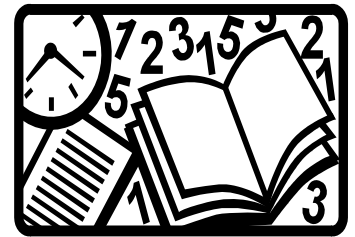


LifeSkills

Curriculum Training



Elementary School Level – Grades 3-4-5 or 4-5-6

Middle School Level – Grades 6-7-8 or 7-8-9

December 1-2, 2009 Volunteers of American-Dakotas Sioux Falls
or

December 9-10, 2009 Range Road Armory Rapid City

LifeSkills is a proven, highly effective, substance abuse prevention program designed to: provide students with the necessary skills to resist social pressures to smoke, drink and use drugs; to help them develop greater self-esteem, self-mastery, and self-confidence; to enable children to effectively cope with social anxiety; to increase their knowledge of the immediate consequences of substance use.

The **Elementary level** is for implementation in grades 3-4-5 or 4-5-6 and it consists of 8 lessons for each of the three years. The **Middle School level** is for implementation in grades 6-7-8 or 7-8-9 and it consists of 15 lessons the first year, 10 lessons the second year and 5 lessons the third year. A **High School Level** manual is also available.

Target Audience

Teachers & School Counselors, Prevention Advocates, Safe & Drug-Free School Coordinators, School Nurses

Workshop Goals

The goal of the teacher-training workshop is to provide participants with: an understanding of how and why the *LifeSkills Training* (LST) program works; an overview of the theory and research supporting the program; an exploration of the curriculum; modeling of key teaching skills; and increased confidence in teaching the LST prevention education curriculum

Cost

\$20.00 per participant. Your District's Title IV funds may be used to cover expenses such as substitute teacher pay, mileage, etc. We do accept purchase orders and **checks payable to Human Service Agency** or we can bill your school/agency after the training.

Credit

Application has been made for participants to receive 1 graduate and undergraduate credit through Augustana College which will cost an additional \$50.00. Application has been made for Teacher Renewal Credit through the Department of Education at no extra charge. CCBT credit is available at no charge through the Certification Board of Alcohol and Drug Professionals (CBADP), SD Board of Social Workers, and SD Board of Counselors Examiners.

Curriculum

Prior to the training, participants will be sent an email in which they will be asked to decide which level of the *LifeSkills Training* Curriculum they would like to receive.

Following the training, the SD Tobacco Program will provide additional *LifeSkills* material, including teacher manuals and student guides to schools who commit to implementing the curriculum for at least one full school year at no charge. More information about this opportunity will be available at the training.

LifeSkills Training

Dec. 1-2, 2009

8:00-4:45 p.m. each day

Volunteers of America-Dakotas

1309 West 51st Street, Sioux Falls, SD

This workshop includes lunch on site both days. A block of rooms has been reserved under *LifeSkills Training* at the *Super 8* (4100 West 41st St.) 605-361-9719. They will be released Nov 1. Room rate is \$64.99. Participants are responsible for making their own reservations and for their room charges.

Dec. 9-10, 2009

8:00-4:45 p.m. each day

Range Road Armory

3740 Range Road Rapid City, SD

This workshop includes lunch on site both days. A block of rooms has been reserved under *LifeSkills Training* at the *Days Inn* (1570 N. Lacrosse St.) 605-348-8410. They will be released on Nov 25. Room rate is \$65. Participants are responsible for making their own reservations and for their room charges.

ADA Disclaimer: Notice is further given to individuals with disabilities that this workshop is being held in a physically accessible place. Please notify Shari Wirkus within two weeks of the workshop if you have special needs for which this agency will need to make arrangements. The telephone number for making special arrangements is (605) 884-3524. Request of alternative formats and/or interpreters may include:

- ☐ Disk
- ☐ Braille
- ☐ Large Print
- ☐ Interpreter
- ☐ Other Access Request
- ☐ Special dietary concern

SPONSORS: Departments of Education and Health - Coordinated School Health Program; Department of Health – Tobacco Control Program; Department of Human Services – Division of Alcohol and Drug Abuse; Human Service Agency – NE Prevention Resource Center; Volunteers of America—SE Prevention Resource Center; W Prevention Resource Center

Return registration information by **Nov. 18, 2009** to: Shari Wirkus, NE Prevention Resource Center, Human Service Agency, PO Box 1030, Watertown SD 57201 or email: shariw@humanserviceagency.org
Phone: (605) 884-3524 Fax: (605) 884-3522

Name: _____

Address: _____

School/Agency: _____

Email: _____ Phone: _____

Home Phone (in case of weather cancellation): _____

Please check which curriculum level you would like to be trained:

____ Elementary (Grades 3-6) ____ Middle School (Grades 6-9) ____ High School (Grades 9-12)

Please check which training you would like to attend:

____ Dec. 1-2 in Sioux Falls, SD ____ Dec. 9-10 in Rapid City, SD

CANCELLATION NOTICE: Your school/agency will be charged \$20/person unless cancellation is received one week prior to training.